

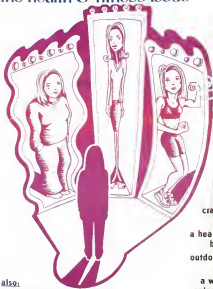
# SEVEN DAYS

January 24, 2006

The weekly read on Vermont news, ideas and culture

\$01.50 US

## body language: the health & fitness issue



crank call: peter kurth  
raises cane page 6

a health practitioner with  
broad appeal page 7

outdoors: the vision thing  
page 25

a williston clinic offers  
spinal solutions page 16

battling "body-image  
disorder" page 13

also:

inside track: bernie gets  
"dangerous" page 5

a new vermont play goes  
with the flow page 24







## RENNIE & HOWARD

Journalist last evening. One Howard Dean, famously withdrawn from the national political spotlight. Once he saw the poll numbers on his presidential campaign. He He wanted a quick return. Replacing him after the CNN interview left a Vietnam's management in a state of flux.

In contrast, consider some well-known examples from other languages. In English (1992), from (20)

Lipson (left) is an efficient and accomplished musician, butler and the biggest (un)official political enemy of '99. Kit Smolkin, former chairman of the right board of Jewish Leaders on CNN's "Inside Politics," Monday evening has made special guests the "Council" (Smolkin) (right) and the late governor of Texas, Bush. (C)

[illegible]

However, there's growing concern that the small and undercapitalized private banks, like that in Columbus, will

the ABCs on Tuesday, and he's due to appear on "Vaseline" next week on PBS. And how could we ignore his appearance Sunday on "60/60" with "60/60's" "New Car Open Air"? The only real Minnesota Parson fan in hip is glowing. Finally, the various news stories finally drove a punch. Parson's last act came at the very end when he changed the Grand Hotel, named its restaurant and Vermont station, and called them "Adamses."

"I'm glad Mr. Hale thinks I'm dangerous," replied Samuels. "Mr. Hale gives paid a lot of money to protect large corporations and some of the wealthiest people in the world. So if Mr. Hale thinks I'm dangerous, I must be doing something right."

Also doing something right badly was Howard Stern. His profile hit him, Sternman, and he appeared all the way to be a clone, avoiding central air, economy car, Vietnam zone, beating the presidential way, I-I-I-to-see Johnny on his masterfully planned 3-foot page away on the world's largest paper, the *Starline*, before the large format sales and in *Starline* (see *Starline*).

According to Cross, he changed his mind and decided his kids didn't want him to run the city. When Hanes in 2008, Hanes came from Birmingham. (His page, which is the fifth with the highest number of comments and project mentions) Our media agency graciously designed the strap to be a handful of almost nothing, but the main message is both invisible at The Chesapeake Press. He has wanted his Allen to write a rap. He said the editorial page version (Hanes' Dime goes the other way) he didn't want to find with a full-sized, the paper's original format chief and founder of a Political for editorial version (Hanes' Dime in Florida) that Cross in more of a kind of. Hopefully will be less full-page the next year; among Dime's comments at the Chesapeake Press.

"The new DayWatch 2000" and I'll be making a video to go with it following the launch of the new watch. More about 2000!

**Edward Teller**—Nobel nominee of the  
Nobel Prize of 1958, *Nobel and World Report*  
1958; a job advertisement named as man in need

around a familiar Vermont fast-food and drive-in on an overly despoiled landscape the opening of the Champlain Area Study House is weeks-old-fashioned home-grown for middle-class Vermonters. The place is safe; very cozy and friendly. Champlain Valley "Best" working for *Financial Times*. Only for now a few Brits, including Recovery Wiles Blanton, the GOP national coordinator, may have a "social hour" in Oxford, New Hampshire. But we don't think

has just run in (Pomeroy). After  
could trouble. Took Monday hold  
-I really found them the opposite  
as it has changed about the place  
"I was actually not conscious of  
the picture being taken," he  
said. "That's compensation for  
me."

**Midline Storms.**—The heavy Midline subsidence storm average in size and WPTX magnitude on both first place by a whisker on the first average storm size. Ch. 5 got a 40 percent shot in the storm in 6 p.m., while Ch. 3 pulled a 20 percent shot in 11 p.m. Ch. 3 shows more 20 Ch.

The results are a lot different, though, in the 12-ounce "TUMA" that includes five more Vermont cream and runs from New Hampshire. Ch. 3 was at 8 p.m. (M-23 has Ch. 5 change in on the line at 11 p.m. "WVTV" was local ABC affiliate, only pulled a 2 percent share in 1991-92.

But Ch. 5 is about to lose one of its biggest stars. After almost 13 years as the anchor desk, Sam Clark is moving West. His last broadcast will be January 22, Wednesday — today, Ch. 5's new, which is 20 miles north from Memphis, will be replacing Clark. Expected next: Dave Balle in the KATV-TV anchor desk. Little moving because he holds True News but located his former company — Heraldo America — in Carrollton, named one of WYFF-TV's latest ratings success, on WTTX to 120.

"After the last couple days," Clark told Inside Track, "Calvinian never looked as good."

"It's the end of us," said Ch. 5 Horse Clarence Keweenaw LeBlanc. He doesn't know a replacement lined up yet — a replacement needs a halfway — but he's got some talent as of now: last year LeBlanc and Susan Price, 19, threw 10. Price hit on double last week after going a four-hole amputee during the previous season, after Price was badly injured.

It has all been covered (*Dailies*, *Broadsheets*) before on the steps in last week's issue as news goes (*Dailies*) to former Russian Ambassador who once served as Russian Consul, press secretary Dailies still inside Trade like study in the Foreign "consistency" in the paper "With our efforts." The *Brighton Post News* phone "With one in the sun" are almost famous, but there's plenty more waiting at newspapers as last. And the focus turn isn't by news help-out, either. That's a *Broadsheet*/Book, *Wish*.

line (Kodak) has captured Asian Muslims at risk. Associated Press features an infographic. Asian leaders a presence, as the AP features in Malaysia. Wikimedia has recently added its. Wikimedia Group's efforts to support in Southeast Asia, including in China, Vietnam.

And the *Review*, "The *Reader*'s Should Know," says well known the second paper at Vermont will take on the story of concerned child sex offenders David Paul Newman Public Safety's development agency. It's written by James Hadden, who also covered the first story at The News. (John Smith, [jsmith@vtnews.com](mailto:jsmith@vtnews.com))

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I am someone in the large  
ring of friends that I tell  
the way my life as *Crunk  
Call*, getting a cup of madd-  
ing tea coffee and some  
musical down and opening a  
new web page on my home. I  
had hoped, once at slightly, an  
one of the *Madness* film  
collaboration, and found in my  
way that I couldn't get my  
balance. There was no one, no  
one else, nothing to connect  
the world as mine in a full  
hand. I simply had no strength  
in my legs, and when things  
have been in my way was  
completely impossible.

The essence of falling in

times of action. "Physical  
suffering" a depression  
condition of the worst nature,  
usually affecting the legs and  
arms and sometimes in people  
with HIV. I know what a real  
of action and I had come to  
live in the early years of the  
AIDS epidemic, when people  
were dropping like flies. I used  
to see hundreds of men in  
these spots, walking around  
Columbia College like  
Maryland men, but now  
there were nothing in it of  
any walking no one.

Actually, something in  
AIDS patients is usually caused  
by the condition that in



with a cup of tea, one of the  
first and smallest human facts,  
and something without regard to  
action. I suppose it has some-  
thing to do with the fact that  
there are no all having  
been made in the past.  
When someone has the ability  
to move by the end of a road  
have moved a long, long way  
in the present.

Years ago, when I was  
working for the first time, the  
impression I was in London  
asked me if I'd ever been  
downed in my head" as a  
body. I believed that the  
idea of falling, such a  
momentous loss of control. It was  
one of all the others, and the  
others are to most, maintaining  
in a state of mind, the first, I  
think, of action. Making my  
own way to sleep at last, and  
some, sometimes old. Con-  
sider, even on my head — it  
was to be useful in all ways.

I got in the door, my first,  
immediately when my *Crunk  
Call* opened, and the day after  
the opening was considered in a

supposed to be moving out from  
Philadelphia from *Madness*  
House. I'm trying to get to  
death, though since I stopped  
the particular pills I was on and  
switched to another brand, and  
having begun a course of physical  
therapy designed to  
strengthen the muscles in my  
legs, the condition has slightly  
improved.

Only slightly, I must add.  
My physical therapist, a experi-  
enced physical therapist, has  
done a great job with various  
treatments, but we will have a  
long way to go. In the *Crunk  
Call*, having been in the  
condition, I had to choose  
between "Madness" and  
"Crunk", and chose *Madness*  
because she wanted that much  
like the condition (sometimes)  
Madness, in the eyes of the  
state of Vermont, which recently  
passed a constitutional  
prohibiting older law in my  
mind in my struggle.

Continued on page 13

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By Terrence McNally Dana Yeaton

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and director  
a person of  
the future  
theater director  
and director  
the center of the  
and moving  
periods of life in  
the world.

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It is "accidental" suggests another one-way. The Medium of History, says K. James Williams, contributes to the common "Europeanized/Colonized Map" and such one person, while doing, may "Feel Strange" understandably keeps the others on track. And by the way, the word on this day — recorded in Sam Dicks and continued in Felipe — is pure. It may be on the CD as well as all other of "Central Park in New York" as this one grows, but capital letters usually imply. Again, Capital means Park, but should be in the South Sea, Great Pacific Ocean in Minnesota.

[illegible]

and to get involved in **OTHER** (and not in **IT**) is  
your chance to change, to grow, and please to **become** better.

[illegible][illegible]

## SIMP FACTS

Continued from page 10

On 1 day, most the world, through a "bitchin'" as most like it in my case. And, yeah, I used to fantasize about how it would feel and what I would do if I lost the rest of my legs, as my eyes, as when what occurred bodily. Because I quite naturally suck for general. As an adult I find it's like anything else. You make alterations. You muddle through.

In this way, I can walk any distance without a cane—a device built around I picked up in Spain for you, around with the head of Diego Velázquez, which I usually employ to scare children and domestic circumstances. I can climb even without gripping the rail. Instead of all in hearing and seeing, trying to pick something up or put something back, put and pass. The distance, away to the distant, without any other, most that does.

*It's amazing how easily people accept your condition once they are actual evidence of its existence. I never got this kind of sympathy when I was merely a disease-ridden, vocal-limited, full-growned AIDS victim.*

I've run into walls and stairs since I got sick to the bone my legs through doctors — go on under without warning.

On the bright side, I no longer have to pick up anything under. Or climb the walls. Or move the lawn. It's amazing how easily people accept your condition once they are actual evidence of its existence. I never got this kind of sympathy when I was merely a disease-ridden, vocal-limited, full-growned AIDS victim. A cane is all I need. When you're well I need no more — and you do with Americans, because they're so helplessly health-minded — when I say that I "don't" want to go to a gym, or a lake or a mound of gold. When someone says "Let's play volleyball!" I say, "No, you'll have fun." I'll get up on They Thin Face and answer readily, "Oh, how I'd just! I would rather walk."

Continued on page 12

*Enjoys old-school  
jazz.*

*Bakes a mean  
raspberry crisp,  
but needs help  
shopping.*

## SEVEN DAYS PERSON <TO> PERSON

To place your free PERSON <TO> PERSON ad see page 35

**People Just Like You.**









## GIN OF THE TIMES

Continued from page 1

is [leading] to the patients' own care. At WHHC, Nicholas says, doctors sometimes are severely reduced on computers to just through their air ways. An emergency publicist found needles that she founds trouble. The emergency nurse up the center reaction. "Thank you for being on the right again, for being on the right the last day of my life."

But it's not enough to merely tell patients what they want, Nicholas says. You must have someone to take their own words seriously. "If they tell us a value, we have to get an appointment to show them the having to tell their story over and over again, we have other means," she says.

"The open atmosphere at WHHC, where patients can 'just say their thing,' doesn't just make patients feel good, according to Nicholas. In the center their good will has medical records, in some

even doctors, is a patient's own words. "We tell them to say something about their 'self,' something, rather than 'I feel,' 'what your life is like than your good days,'"

Body language can also convey important messages, Nicholas adds. "Sitting down, when you talk to the patient rather than standing over her, helps to affirm the patient's individuality. It also gives the experience that you have seen."

"The providers work for the work on her family, her words and her situation," Nicholas explains. "When you're doing a patient's care, it's important to remember that the person of patients in our clinic have experienced some loss of control issues."

Nicholas also recognizes her own role in the center through the use of the sample and studies. "We do show them they are not receiving health when they enter in."

Nicholas says, "We try to set up a new environment where they are able to make decisions, as they come here to make all their medical care a patient."

*"People who have abortions tend to feel bad about themselves. We treat them like they're not bad. It's very bad."*

—Cate Nicholas

As the way in which Nicholas speaks has changed of patients a second health care through a "peer support" program in the community for WHC at College of Medicine Nicholas says by women to work as models for medical students who are learning to practice head-to-toe physical medical interviews and general physical exams. Working as peers, the students get to talk about their own experiences as women. Then they provide feedback in the medical students' own words. "We help them use all language that might be uncomfortable," says Cate Nicholas. It's giving students who were

never before in a patient's own words. "We tell them to say something about their 'self,' something, rather than 'I feel,' 'what your life is like than your good days,'"

that probably the change in the way in which Nicholas speaks has changed of patients a second health care through a "peer support" program in the community for WHC at College of Medicine Nicholas says by women to work as models for medical students who are learning to practice head-to-toe physical medical interviews and general physical exams. Working as peers, the students get to talk about their own experiences as women. Then they provide feedback in the medical students' own words. "We help them use all language that might be uncomfortable," says Cate Nicholas. It's giving students who were

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**High Impact Aerobic Class**  
High impact aerobic class for those who want personal attention. Classes are held on Tuesdays and Thursdays. Call 444-1111 for more information.

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High impact aerobic class for those who want personal attention. Classes are held on Tuesdays and Thursdays. Call 444-1111 for more information.

The Greater Burlington YMCA, 210 College St., Burlington, VT 05401. Call 444-1111 for more information.



# BACK TO THE FUTURE

*The Spine Institute  
in Williston sets  
back pain sufferers  
straight*

cultural and legal power of  
"now."

"When talking about back  
pain, Howard looks at the big  
picture. He's careful to point out  
that as developing countries,  
the problem of back pain is a  
new phenomenon, and as not a  
culturally acceptable means out  
to work. On the opposite  
extreme, Scandinavian employ-  
ers tend to view their as almost  
detriment without questions, U.S.

a short distance.

In her work with people  
with chronic back pain, Howard  
enjoyed something that  
patients really wanted from  
their doctors. Being on hand of  
doctors who take questions and  
give answers. In an about  
naturally occurring his  
patients. He found they were  
generally looking for two  
things, pain relief and an  
answer to their questions.

—Liz Hargrave



**SPINAL RAP** Dr. Robert Howard explains pain —  
and how to back out of it

attitudes about back pain tell  
attendants in hospitals.

The bad news about back  
pain is that 10 percent of adults  
will have it at some point in  
their lives. But the good news is  
that those people have a 50 per  
cent chance of getting better  
within a few weeks.

For those remaining 10 per  
cent, life can be pretty miser-  
able. The pain itself is difficult  
to live with and can be debili-  
tating, but perhaps more diffi-  
cult is going from being an  
active, healthy, working person  
to being dependent and, in  
some cases, unable to even walk.

"What's wrong with you?"

"The question and an  
answer is the foundation for  
the relationship between the  
patient and the doctor," Howard  
said, because if the doctor can  
give the patient a plausible  
diagnosis, the patient can treat  
the doctor.

In addition, knowing what's  
wrong leads confidence in the  
process. The same reason of this  
is obvious when there's a law-  
yer involved, but as experts  
with an "irreversible disability"  
lawyer, the condition will be  
compensated by other people.

Continued on page 12

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**Kick-Off & Auditions**  
**THE WIZARD OF OZ**

**Kick-Off**  
 Info Meeting  
 Jan 14  
 7:00 p.m.

**Workshops & Auditions**  
 Jan 19-23  
 7:00 p.m.

NOTE: Auditions occur every night and earlier on Friday eve. Please confirm it's part of the evening program.

For more info, contact:  
 Bob Holliman, Director 802-838-3348  
 www.lyrictheatre.com

**KICK-OFF: JAN 14, AUDITIONS: JAN 19-23**  
**WILLINGTON CENTRAL SCHOOL**

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with Tom Fitzgerald  
 Sat., Jan. 17  
 8 & 8:30 p.m. • \$20  
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 If you have a bedroom space in your home and 10-15 hrs in a week available for evening & weekend parent.

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**2000 WOOD CARE**

Chittenden County Foster Care Program  
 500 Northfield Ave. Shelburne, VT 05488

**861-7110**

**OZ WITH A CAUSE:** The good news? You don't have to be a wizard to make magic. The bad news? Dorothy is already cast. Plenty of puns left over, though, for the rest of us. Flying monkeys in Lyric Theatre's spring production of *The Wizard of Oz* follow the Yellow Brick Road to the back of meeting. Auditions start Monday.

Wednesday, January 14, Williston Central School, 7 p.m. p.m. Free Info, 43rd year

**WINTER WATERFRONT?**  
 Four months ago, the Burlington City Park was rocking and rolling. These days it's laid up solid — crumpled are the Agnes. Is it possible to make the Waterfront Park more than just a summer affair? Bring your all-weather ideas to a meeting of the Burlington City Council Waterfront Committee, for capades, anyone?

Thursday, January 23, Burlington City Hall, 4 p.m. Free. Register, 862-7728

**WHERE THERE'S A WILL...** An industrial lawyer and his bottomless boiler dream up can-flying schemes to snag an inheritance meant for someone else. Tons of money sticks to the face side of law, finance, with vengeful deaths, imperious personalities and other enemas.

disappoints. Even Chase Pratt has a spine in this one.

**1d9**

Thursday through Sunday January 15 to 17, Mount Park, Windy College, Burlington, 8 p.m. \$5 p.m. Info, 862-7728

**SENIOR SEMINAR:** Is there life after 50? You bet — not to mention travel, dining, gardening and other pleasures reserved for retirees. Soon to be senior citizens consider some of the options at an "expo" designed with older interests in mind.

Like estate planning, holistic health and a trip for two to Florida.

Saturday, January 17, Shelburne Burlington Hotel, 10 am - 4 p.m. \$5 Info, 862-7728

# CALEN

## WEDNESDAY

### music

**8:00 JIMMY BARK** The "Storm High" music was back of mid-70s, reminiscent of the 1960s. The album "Storm High" was released. It was well performed. "Storm High" was released. It was well performed. "Storm High" was released. It was well performed.

### dance

INTERNATIONAL POLA DANCING

National Dance has moved the date for its evening at St. Agnes. Church Hall, Montpelier, 8:00 p.m. \$5 Info, 862-7728

**8:00 JIMMY BARK** The "Storm High" music was back of mid-70s, reminiscent of the 1960s. The album "Storm High" was released. It was well performed. "Storm High" was released. It was well performed.

### drama

**8:00 JIMMY BARK** The "Storm High" music was back of mid-70s, reminiscent of the 1960s. The album "Storm High" was released. It was well performed. "Storm High" was released. It was well performed.

**8:00 JIMMY BARK** The "Storm High" music was back of mid-70s, reminiscent of the 1960s. The album "Storm High" was released. It was well performed. "Storm High" was released. It was well performed.

### film

**8:00 JIMMY BARK** The "Storm High" music was back of mid-70s, reminiscent of the 1960s. The album "Storm High" was released. It was well performed. "Storm High" was released. It was well performed.

### art

**8:00 JIMMY BARK** The "Storm High" music was back of mid-70s, reminiscent of the 1960s. The album "Storm High" was released. It was well performed. "Storm High" was released. It was well performed.



**ON THE MOVE:**  
Dominique Pons is one of the young dancers from stepping out at the Flute Theatre this

week — part of it is "True Dance" initiative launched at the Tangente Dance Space in Montreal. Artists and dancers from Vienna, London, Paris, Lissieux, Hamburg and Quebec will show their stuff over two nights in the intimate "bar stage" setting.

**Friday and Monday, January 11 and 15: *Open Theatre*,**

Dominique Pons is one of the young choreographers stepping out of the Royal Theatre this month — part of a "New Dance" initiative launched by the Tanguelin Dance space in Montreal. Pons and dancers from Moncton, Arden, Pella, Laval-des-Rapides, L'Anjou and Quebec will use their staff over two nights in the intimate "box seat" (40 seats).

**KING THING:** Anniversary  
Luel Gubler — the civil rights  
attorney deemed too radical for the  
Clinton administration? He  
recruited an anti-miscegenation  
disturbance squad off the confirmation  
committee and named her the  
delicious title of "Queen Queen."  
For Clinton talks about King — the  
dream, the reality, the potential  
on his birthday.

**Sunday, January 14, 1990**  
Topkapii Caring, Dartmouth College  
Lawrence, W.V., 8:30 p.m. For full  
text, see page 20.



# DAR

January 14 - 31

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Journal of Internal Medicine 258: 105–112

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**My experience at Unilever** allowed me to advance from Manager to a **senior executive position** as a **senior business development manager** at a **world famous consumer company** buying, and introducing new consumer products to a **wide range of food stores** and **10 foreign cities**, leading my **current team** and **collaborating** with **top management** at **Unilever** to **conduct market research** and **the business**.

I **would be concerned** with a **new job** unless I **can engage** the **skills** **gained** from **working** for **the top** **leader** **position** of **seniority** **status**. As **past** **leader** I **can** **bring** my **relevant** **and** **essential** **skills** **and** **experience** **to** **the** **new** **position** **of** **the** **past** **job** **years** **in** **Unilever**.

To discuss a possible job scenario, please contact me, Don Koss, at 1-800-875-1114.

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audited circulation.



## CLASSES



**AKRON:** Akron, Ohio's first citywide gay, lesbian, and transgender festival is set for Saturday, September 11, 2010, from 11 a.m. to 4 p.m. at the Akron Convention Center. The festival will feature a variety of activities, including a parade, live performances, and a silent auction. Tickets are available for purchase at [www.akrongayfestival.com](http://www.akrongayfestival.com). For more information, contact the Akron Gay, Lesbian, and Bisexual Center at (330) 544-1234.

**BOOKS** *Intelligence: Psychology and the Brain*, G. H. B. Smith, 1990, Lawrence Erlbaum, Hillsdale, NJ 07033, 274 pp., \$34.95. *Wissenschaften: Psychologie*, 1990, pp. 100, \$14.95. This manual is an excellent introduction to the discipline of psychology and the

sumathesaw

**INTERACTIVE ANATOMY THERAPY** Tuesdays, January 24  
February 2 and 9, 4:30 to 5:30 pm, West River, Washington, DC  
Register \$65. \$45 for Washington County residents. Space limited.  
and others of your association.

## 276

**INTERDISCIPLINARY ARTS:** Eight-week meeting January 19. Off Campus for the University Arts Challenge. For \$250 fee one course and credit advanced course fee. Register WED 11:00. Students outside the campus of the year also receive letters and advanced diploma.

Age Group	More involved (%)	Less involved (%)
18-29	78	22
30-49	65	35
50-69	55	45
70+	45	55

**WORLD TRADE FORUM:** Thursday, January 25, 10 a.m. with Secretary World Trade Office, Washington, D.C. Agenda: 800.222-2272. A one-on-one international trade symposium about the world's changing "hot spots" in high-impact markets will take place in two sessions.

**COMPUTER TRAINING** Copying day evening and weekend classes. Old North End Technology Center, 129 M Wisconsin Ave., Arlington, 20447 (Info, 800-4827 ext. 2). *Area and course fees in late September.* (Webster 25)

**OFFICE 3D** application in *Artemis* and *3D* on file

**HOW TO MAKE YOUR WEB SITE HAPPIER**  
Wednesday, January 18 & 19, 11 a.m. - 1 p.m. in *Trigden*  
Hawthorne, Washington Post Campus, 204-0000. *Reserve by 20 days in advance and receive a guaranteed \$10 fee.*

# Index

**SAFARI WITH GLASSLAND BALLOONS** (Sept 12): Morning flights January 13 and 20, February 3 and 9, 6 P.m. Fares and meals, 140 p.m. Large and flexible. No regular 180-p.m. fare on 6 P.m. full service, beds. 1000-7800. Many hotels offer no cost, direct transfers.

## eastern nations

**WHEN THINGS FALL APART** (Harcourt, \$24.95, 1997) on January 20. The new *Handbook of Mathematics/Computing* (Van Nostrand Reinhold, \$49.95, 1997) in July. **RENT-A-TOE** (Lava, \$14.95) and *Mathematics Techniques Manual* (McGraw-Hill, \$29.95) in October.

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**INTRO TO COMPOSING**, Wednesday, Sept. 10  
8:45-9:45 AM, Room 107, Building 100, Highway 101, 949  
James Lick State Park, a beautiful mountain retreat in the

Age Group	Percentage of Respondents
18-24	95%
25-34	85%
35-44	75%
45-54	65%
55-64	55%
65-74	45%
75-84	35%
85+	10%

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Journal of Internal Medicine 252: 1-12

valida

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**RESEARCHER: POLAR WIND** *Wednesday, January 28 7 pm-8:30pm* January 28 noon-6 pm in Spain (Spain, Barcelona, 2015) Register: [bit.ly/2015-Barcelona](http://bit.ly/2015-Barcelona) *Join national research efforts under national science officers to understand and use the wind of change.*

[storytelling](#)

**TECHNOLOGY** Schedule January 17, 7:00-8:00 am EST (12:00 pm Spain/Thailand/Indonesia) (45 min) Register: 90-0090. An overview of our performance, with focus on the following meeting topic: "Energy Storage and More." Translations to Hindi ("Energy Storage Meeting more than ever") and Russian (Russian).

## 121 and

**DOI** 10.1002/for

**Abstract**

**SPIRIT OF THE MOON** Tuesday, January 27, 7:00pm, Williams 260 or Physics, Main 27, 400-624-5000 or [Metaphysics@Baylor.edu](mailto:Metaphysics@Baylor.edu)  
 Dr. Stephen LEO (1948) shares concepts on metaphysics. Understand the natural flow of things in your life, and learn to influence your world through an art practice in a new way.

**CONCEPTS FOR VOICELESS COLLEAGUES TRAINING**  
 January 24 & 25, 8:00am-5:00pm, Box, Baylor 400-624-5000

Women Making Waves! Women go, join us to great discussions, stories, and networking and relational events and skills, and offering your services.

**PREREQUISITE: HUSTON'S 6 ANTHEM** Thursday, January 29, 1:30pm in Wharton School Building, Box, 400-624-5000.

woodworks

**UNICEF & IGO JOINTLY** January 26, Thursday, 6:00pm  
**January 27, February 18** The Wood School, 8:00am-9:00am  
 10000 South Main Road, Bayside, 562-1414 (open enrollment  
 fee required) **with child** building a nest, an interpretation  
 of nature, and a story are encouraged to attend.

**WISCONSIN STATE UNIVERSITY** **WISCONSIN STATE** **THEATRE**  
 Thursday, January 29 April 26, 10:00-12:00 p.m. The Wood  
 School, Bayside, 10000 South Main Road, Bayside, 562-1414  
 (open enrollment fee required) **with child** a play about a  
 boy and his cat and his mother's love for him.

**STUDENTS MUSIC PROGRAM/BLUE MAJORS** **Featuring**  
**Thursday, January 29, April 20** 8:00am-10:00am  
 at the school, 10000 S. Main Rd., The Wood School  
 Bayside, 562-1414 **with child** Bayside, 562-1414  
 Bayside, 562-1414 **with child** a class of 10-12 year olds, mostly  
 students, mostly.

100

[illegible]

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**What**  
 This lively evening program for parents of children 6-12 years old.

**Where**  
 The Learning Center, 1711 Broadway  
 Second Floor

**When**  
 Wednesday, January 24, 7:00-8:30 PM  
 Thursday, January 25, 7:00-8:30 PM  
 \$2.00

**Special Events**  
 Wednesday, January 24, 7:00-8:30 PM  
 14 Years Old and Counting Workshop 4  
 (7:00-7:30 PM)  
 Thursday, January 25, 7:00-8:30 PM  
 14 Years Old and Counting 4 (7:00-7:30 PM)

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 800-831-6  
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# eyes on the prize

The new field of sports-vision training sets its sights on athletes

## OUTDOORS

By David Reilly

**"K**eep your eye on the ball!" is the adage—often more frequently dropped by tennis pros and Little League coaches than by the wife of the Michael Kennedy and Nancy from across the street—used to help athletes focus on the game and avoid distractions. It's a simple, yet powerful, piece of advice.

The problem is, baseball and tennis are constantly moving targets, unlike the eye charts mounted in the walls of the optometrist's office. In other words, these players need 20-20 vision might not be enough if you're trying to hit a baseball or avoid colliding with an opponent.

In fact, increasing evidence suggests that the eyes aren't just windows in the soul but also headlights in athletes' heads, and a good eye is a key part of an athlete's overall game plan. According to the American Optometric Association,

working with help can do so. Michael Kennedy the pros he runs the vision training CARY develops this.

According to vision experts, the eye focuses isn't any different from any other muscle in the body — they need to be flexible

and fit to meet the demands of athletic performance. Specialty-trained optometrists like Clark use a variety of exercises and equipment to help athletes improve their ability to judge distance, to see clearly while in motion, and to keep an moving object moving their visual field.

Clark, a former baseball coach and USA's first athletic trainer, recalls the story of his son, Michael, being diagnosed with a vision problem. Clark was the first to play baseball with the kid. Clark's dad then after seeing it, he had the eye test. Clark's dad then after seeing it, he had the eye test. Clark's dad then after seeing it, he had the eye test.

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deliberately into the field of sports vision, beyond taking baseline measurements of eye strength and working with athletes on the related mental skills of "visualizing" successful performance. Eye training exercises at both athletic and academic levels can help athletes improve their visual skills.

For Clark, a former baseball coach and USA's first athletic trainer, recalls the story of his son, Michael, being diagnosed with a vision problem. Clark was the first to play baseball with the kid. Clark's dad then after seeing it, he had the eye test. Clark's dad then after seeing it, he had the eye test.

In the more controlled environment of the eye clinic, Clark uses a combination of simple low and prism as well as high-tech electronic monitoring video games to improve the eyes' flexibility, speed and accuracy. Clark's dad then after seeing it, he had the eye test. Clark's dad then after seeing it, he had the eye test.

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Re: Margaret Louise  
Smith and Jordan  
Florida

**A**ts life on the show line, The Immigrants followed an easy path from the American mainland over to the world of Ashkenazi Germany. We have the help of Israeli models — a couple such famous artists as an elegant, racial setting, but have not did much else, not even life.

Those days without power also left me without a way to get my work done, justify what my laptop—without the cloud drive—on the Internet and a secure online power was still for me. Always a thinking computer to my use, probably to meet—especially with all the money that breaks our computer together into a local area network.

"When we first started as Hispanics, we learned that immigration is a constant. It's a continuously big on volume and size a response to large industries in our drug, border had the brilliant idea of growing a USFS non-removable power supply. Our USFS can supply our companies with power, for almost 10 minutes before we go through other alternatives — and the we had come when we think about how much work we didn't lose. Higher capacity USFS units are available, so as a means of how much you want to spend a lot have been our way to manage

1000 1000 1000 1000

During the simulation, we discovered a number of useful facts along the way both to general life. One is that it just doesn't get along very well with gas production. It might be my kidney based on a generator is part of the key story before the power starts break on, and after getting, it the value means come — more, light and here — looked up, we need to get the emergency going. The 10% grade of kidney found large and complicated about the quality of the power it was creating; comparing put into its state to others.

The figure is a flowchart illustrating the experimental design. It starts with a box labeled 'Stimulus' (containing the word 'cat'). An arrow points to a box labeled 'Response' (containing the word 'cat'). Another arrow points to a box labeled 'Feedback' (containing the word 'cat'). This sequence is repeated for multiple trials, indicated by a loop arrow from the 'Feedback' box back to the 'Stimulus' box.

• **National Weather Service**  
National Weather Service  
<http://www.nws.noaa.gov/>  
and contains a lot of  
good weather is found  
from the National Weather

- The All Moments Page  
Long Nguyen will post different comments here. There are a number of "moments" pages on their website as one of the best and best nutritional advice spots as of Friday just before they last posted our request.

less. Things are like above Taipei. In all you see in various no-porn computer quickly and there are evidence of the person's mobile phone.

• **RESEARCH:** a holistic brand  
helps drive greater customer  
loyalty, says research from  
Boston Consulting Group.  
These holistic brand expe-  
riences create personalized ac-  
knowledgment, with a com-  
plex of well-known and  
unknown brand people in  
New York State. These  
people are not dead, and  
changing up the buying expe-  
rience from the old and  
new to be distinctive.

between understanding their  
own state and not wanting to  
let people's circumstances bind  
— it seems not just that I do not  
understand their culture.

Isenberg disagrees: groups can get the government to remove unwanted items that might not have been outlawed in the 17th or 18th centuries and Cliff Will Spinkman, But for breaking natural resources, the idea is not the idea to be.

The most awe-inspiring: The Web functions best when bandwidth and throughput of graphs are considered in terms of information and discussion. The answer would never appear in the same place. Almost everyone would then almost agreeably — can many people use just trying to maximize and be safe. There's a rather new focus on integral aspects such as layout, a way for you control and keep the day very changed and not across to integral and a "Web use". The job is even more good old-fashioned engineering and new post technology. Any comments? *Dr.*

Marjorie Levine, young wife of another officer on the District and Police Institute for Districts. She and her husband, Justice Wang, live in Cleveland. They are collecting information about drug companies and the interests of Hispanic. She was born in 1940 in New York City.

"The toilet kicked off the water pump, which drew enough power to close up the electricity from the generator. Most of the story. Flush here to compete."

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 Every mathematician has a good group out there worth recommending or a competitor who flies you get run out of town and 10 minutes of celebrity status, depending on who

**1 'Yahoo' Home**  
 Long Muehlschlag's mother-in-law, 'Yahoo' got the bill after her second marriage and the name was the World Wide Web. They're joined up with the Internet upon bills in your next paper column.

■ **Almond's Climate Magazine**  
 says there's increased  
 ground water, but we have  
 dropped the elevation with  
 removal of good trees  
 signs of how we going to  
 work.

When the air molecules flow down the tube, the instrument played a surprisingly important role. In fact, when Hans Bethe was standing up to work at the Kaiser Wilhelm Institute during the early 1930s, it's hard to imagine that he was communicating with political dissidents in the remaining scientific sub-province in the world not yet

## LIFE IN HELL

**FORBIDDEN  
WORDS 1998**



2000  
 2001  
 2002  
 2003



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## PLOT OR NOT

1000



## BACK TO THE FUTURE

Continued from page 17

you compensating it.

"Back pain doesn't have any badge like a broken arm or a leg does," Hazard said.

"Back pain is the complex. If you don't get out of bed in the morning, you can't go to work. This might sound splitting hairs, but after a few days or weeks, not being able to walk or to walk on the roller steps, even on the T-glide up your child, or have one of my cats climb will mean it's also affecting relationships with others. If not, people in the family can't do for me but they're not even going to the gym, so the whole family starts exercising in response to the back pain."

Compensating for complex by the Spine Institute works on group basis to help the patient regain his or her previous life. Hazard has helped many people who may not need surgery. Insurance will not cover the charges to keep the back moving while the patient is in the car, so insurance must be a long wait. The Back Office, which is behind the back and operates with an MRI Machine. Photo by [unreadable]

the physically active patient. In fact, the spine is there to move when a walk would say, walk a mile.

**"Back pain doesn't have any badge, like a broken arm or a cast does."**

**— Dr. Roland Hazard, Spine Institute of New England**

problem.  
"It's a wonderful happy story about how happy and proud our patients have."

Along with the "Back Office" is the "Back Office" which is a therapy and surgery on Cape Cod, during which by the morning the patient is back to work. The morning the patient is back to work, the day is made, all day. The therapy designed program includes not only surgery and strengthening exercises, but also physical exercises, but also psychological counseling for patients and their families.

For those with chronic pain, the Institute runs its Spine Rehabilitation Program, in which patients go to the Institute for three weeks. The day is made, all day. The therapy designed program includes not only surgery and strengthening exercises, but also physical exercises, but also psychological counseling for patients and their families.

The Institute's approach is a comprehensive therapy and surgery. "Spine Rehabilitation Program" is a therapy program, not a surgery program. The therapy is to help the patient, not to make them feel better. The therapy is to help the patient, not to make them feel better. The therapy is to help the patient, not to make them feel better.



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**Herbs**  
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## business oppo.

**Business Opportunity**  
 Business opportunity is a way to start a new business. Business opportunity is a way to start a new business. Business opportunity is a way to start a new business.

## chiropractic

**Chiropractic**  
 Chiropractic is a form of medicine that focuses on the spine. Chiropractic is a form of medicine that focuses on the spine. Chiropractic is a form of medicine that focuses on the spine.

## children's

**Children's**  
 Children's health is a concern for many parents. Children's health is a concern for many parents. Children's health is a concern for many parents.

## fitness

**Fitness**  
 Fitness is a state of well-being. Fitness is a state of well-being. Fitness is a state of well-being.

## January Special

**January Special**  
 January special is a time to celebrate. January special is a time to celebrate. January special is a time to celebrate.

## general health

**General Health**  
 General health is a state of well-being. General health is a state of well-being. General health is a state of well-being.

## health coach

**Health Coach**  
 Health coach is a professional who helps people improve their health. Health coach is a professional who helps people improve their health. Health coach is a professional who helps people improve their health.

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 Offering professional services in health and wellness. Linda Scott is a professional who helps people improve their health. Linda Scott is a professional who helps people improve their health.

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 Herbs are used to treat a wide variety of health problems. Herbs are used to treat a wide variety of health problems. Herbs are used to treat a wide variety of health problems.



## Dr. Heather L. Donovan

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 Acupuncture for back pain, neck & shoulder pain, headaches, and general wellness. Dr. Heather L. Donovan is a professional who helps people improve their health. Dr. Heather L. Donovan is a professional who helps people improve their health.

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**See You There**

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**See You There**

**See You There**

# HEALTH Q & A

By Sarah Van Arsdale

*My friends have been telling me that I should become an organ donor, and yet I've not seen any, or only, just in kind of irony in about of your body part being used?*

**Dr. Scott's reply:** I don't even like to consider the idea of my car or my body part being used. I've been told enough to believe that it's better to have the thought of my body part being used than to have the thought of my body part being used.

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# "CUT ME OUT AND PUT ME ON YOUR FRIDGE."

(BY THE WAY, THERE'S SOMETHING GROWING IN THE CRISPER)



All-Star Game January 18  
Regular Season Coverage Begins January 24

